



Fax Number: 780-814-5593

A division of



## Peace Country Lung Lab

# REQUEST FOR PULMONARY FUNCTION TESTING

Address: #108 10814 100 Street Grande Prairie, Alberta T8V 2M8 Phone: 780-814-5563

### Patient Information

Last Name: \_\_\_\_\_

First Name: \_\_\_\_\_

DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_ PHN: \_\_\_\_\_  
YY MM DD

Sex:  M  F

Gender Identity:

- Male  Female  Non-Binary  
 Transgender Male  Transgender Female  
 Prefer to Describe \_\_\_\_\_

Home Address: \_\_\_\_\_

City: \_\_\_\_\_

Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone Number: \_\_\_\_\_

### Physician Information

Referring Clinic: \_\_\_\_\_

Referring Physician: \_\_\_\_\_

Practitioner ID: \_\_\_\_\_

Fax: \_\_\_\_\_ Phone: \_\_\_\_\_

Family Physician: \_\_\_\_\_

Fax: \_\_\_\_\_ Phone: \_\_\_\_\_

Referral Date: \_\_\_\_\_

YY / MM / DD

### History / Reasons for Referral

- Asthma  Cough  
 Dyspnea  Wheeze  
 Fibrosis  COPD

Other: \_\_\_\_\_

### Procedure Request

Full Pulmonary Function Test  
Spirometry

### PFT Referral Guidelines for Physicians

#### Definitions

Full PFT : Pre & Post Bronchodilator Spirometry / Diffusion Capacity / Lung Volumes

Spirometry : Pre & Post Bronchodilator Spirometry

Conditions where suboptimal lung function results or test performance are likely:

- Chest or abdominal pain
- Oral or facial pain by mouthpiece
- Stress incontinence
- Dementia or confused state
- Inability to follow instructions (e.g., < 6 years, Mental Health Condition)

Other contraindications and waiting period before testing include:

- Recent eye surgery 1 week to 6 months (depending on type of surgery)
- Recent brain surgery or injury (4 weeks)
- Pneumothorax (6 weeks)
- Hemoptysis of unknown origin or related to transmissible respiratory infection
- Current Pneumothorax
- Unstable cardiovascular status / Acute MI / Non-Compensated Heart Failure - (1 week)
- Thoracic, abdominal, or cerebral aneurysms
- Active or suspected transmissible respiratory infections
- Sinus or middle ear surgery within - (1 week)
- Abdominal or Thoracic surgery (4 weeks)
- Late term Pregnancy

### PFT Referral Guidelines and Pre -Test Instructions for Patients

Do not take (if possible) the following medications prior to your appointment:

#### Inhaled bronchodilators:

- Short-acting for 4 hours: (e.g. albuterol, salbutamol, ventolin, bricanyl)
- Long-acting for 24 hours (e.g. formoterol, salmeterol, Oxeze, Serevent, Symbicort, Advair)
- Ultra long-acting agents for 36 hours (e.g. Onbrez, Breo, Inspiolto, Anoro)
- Long Acting Muscarinic Antagonists 36-48 (e.g. Spiriva, Incruse, Tudorza, Seebri, Anoro, Inspiolto, Ultibro, Duaklir)

#### Anticholinergics:

- Short-acting for 12 hours (e.g. Atrovent)
- Long-acting for 36-48 hours (e.g. Tiotropium)

#### Take as Usual

Take Theophylline preparations and oral steroids as usual

You should not have a Pulmonary Function Test if you have had:

- A)** Pneumothorax (Lung Collapse) in the last 6 weeks **B)** Eye Surgery (including Laser Surgery) in the last 1 week to 6 months (depending on type of eye surgery)  
**C)** Surgery of the chest, neck or abdomen in the last 4 weeks **D)** Unstable cardiovascular condition within 1 week. **E)** Any type of aneurysm

\*\*Refrain from smoking for 3 hours prior to testing\*\*

\*\*Refrain from taking anything containing caffeine 3 hours prior to testing\*\*