

REQUEST FOR PULMONARY FUNCTION TESTING

Please fax to 780-814-5593



Address:

Unit # 104
10814 – 100 Street
Grande Prairie, Alberta T8V 2M8

Phone: 780.814.5563

Web: www.peacecountrylunglab.com

Patient Information

Last Name:	First Name:	PHN:
Address:	City:	Province:
Phone:	Postal Code:	Date of Birth:

Physician Information

Referring Physician:	Phone Number:	Fax Number:
Family Physician: (if different than referring)	Phone Number:	Fax Number:

History/Reasons for Referral

<input type="checkbox"/> Asthma	<input type="checkbox"/> Cough	Other: _____ _____ _____ _____
<input type="checkbox"/> Dyspnea	<input type="checkbox"/> Wheeze	
<input type="checkbox"/> Fibrosis	<input type="checkbox"/> COPD	

Procedure Request

<input type="checkbox"/> Full Pulmonary Function Test	<input type="checkbox"/> Spirometry
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<input type="checkbox"/> This test is requested for employment purposes or is related to a WCB claim
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*Please see the attached Physician Referral Guidelines and Patient Pre-Test Instructions
(on reverse or page 2) **

PFT Referral Guidelines for Physician

Spirometry should not be performed within 1 month of a Myocardial Infarction.

Conditions where suboptimal lung function results or test performance are likely:

1. Chest or abdominal pain
2. Oral or facial pain by mouthpiece
3. Stress incontinence
4. Dementia or confused state
5. Inability to follow instructions (e.g., < 6 years, Mental Health Condition)

Other contraindications and waiting period before spirometry testing include:

1. Recent eye surgery (1 week to 6 months depending on type of surgery)
2. Recent brain surgery or injury (3 to 6 weeks)
3. Pneumothorax (2 weeks)
4. Hemoptysis of unknown origin

Relative contraindications for performing static lung volumes include those also considered for spirometry:

1. Hemoptysis of unknown origin
2. Pneumothorax
3. Unstable cardiovascular status
4. Thoracic, abdominal, or cerebral aneurysms
5. Recent eye surgery

PFT Guidelines and Pre-Test Instructions for Patient

Do not take (if possible) the following medications prior to your appointment:

Inhaled bronchodilators:

- Short-acting for 4–8 hours: (albuterol, salbutamol, ventolin)
- Long-acting for 12–24 hours (formoterol, salmeterol)
- Ultra long-acting agents for 24–48 hours (indacaterol, vilanterol)

Anticholinergics:

- Short acting for 6 hours (Atrovent)
- Long-acting for 48 hours (tiotropium)

Take as usual the following medications:

- Theophylline preparations (Theo-Dur, Slobid, Slo-phyllin, Theolair, Quibron, Uniphyll, etc.)
- Inhaled and oral steroid preparations (Advair, Beclovent, Vanceril, Respihaler, Azmacort, Aerobid, Flovent, Pulmocort, Prednisone, Medrol).

You should not have a Pulmonary Function Test if you have had: **a)** Pneumothorax (Lung Collapse) in the last 6 weeks **b)** Eye Surgery (including Laser Surgery) in the last 6 weeks **c)** Surgery of the chest, neck or abdomen in the last 6 weeks **d)** Unstable cardiovascular condition within 1 month.

Please advise the Respiratory Therapist if you have had a thoracic, abdominal or brain aneurysm prior to booking your appointment.

Please call Phone: 780.814.5563 if you have any questions or concerns about the above information